



3-Day Package Deal

Friday

Travel to the Island

- Early morning departure on Sealink Coach from Adelaide to Cape Jervis.
- Hop onto the ferry to Kangaroo Island.
- In Penneshaw, pick up the shuttle to Kingscote.

Mid-morning

- Arrival at the KI Dragonfly, settle in, get to know the Dragonfly and have a short mooch around Kingscote.
- Official welcome & introduction to the She Emerges program.

Afternoon

- Making and sharing lunch together.
- Workshop II.
- Wharf walk (weather permitting)

Late afternoon/early evening

- Dinner prep.
- Movie
- Journaling & meditation.

Saturday

Morning

- Early rise and morning meditation and routine
- Participate in the official Kangaroo Island parkrun and join others for breakfast at Cactus Café afterwards
- Workshop III

Afternoon

- Making and sharing lunch together.
- Workshop IV

Late afternoon/early evening

- Dinner prep.
- Karaoke
- Journaling & meditation.

Sunday

Morning & Afternoon

- Early rise and morning meditation
- Cold Plunge & Sauna
- Lunch at the Dragonfly catered by Lucy's KI Kitchen
- Pack bags
- AromaZen Sound Healing by Simply Bea at the Lions' Hall

Late afternoon/early evening

- Wrap up session.
- Shuttle pick up from KI Dragonfly to meet ferry in Penneshaw. Catch Sealink Coach to Adelaide (arriving approx. 10:30 pm)

The program is subject to change at the discretion of the host.

The KI Dragonfly has 4 bedrooms.

- *Three rooms have queen size beds.*
- *One room has two singles.*

The price is for each guest, regardless of which bedroom you select, with one person per room.

- *If you wish to share a room with a friend, you can enjoy a saving of \$50 pp. This offer is separate to the group discount outlined below and is not applied in addition to the group discount.*
- *If you are keen to share this experience with a group of friends and are happy to share a bed*, please deduct \$100 pp for a group of 4-5, \$150pp for a group of 6-7*, and \$220pp for a group of 8* from the advertised price. (The group of 4-5 will still have their own bed; if in a group of 5, two people will share the twin room.) Please note that this discount will only apply to full paying group. If a group member cancels, the prices will be adjusted accordingly.*
- *Pricing ex ADL includes the coach, ferry & shuttle transfers. If coming in a group, chat to me about the price of bringing a car.*
- *Pricing ex KGC assumes you are already on the island and will make your own way to the KI Dragonfly. Please arrive at 11am.*

ex ADL \$1220pp

ex KGC \$950pp

Prices valid to 31 December 2026